

First Coast Trail Forgers Walking Club



Fun, Fitness, Friendship



CONTACT INFORMATION: Cindy Gaver, 757-618-5170 or yourtotalagent@gmail.com. See the club web site at: <http://www.firstcoasttrailforgerswalkingclub.org/>

PROCEDURE: Arrive for the walk at 1:30 pm to register with the guided walk to begin at 2:00 pm. The walk returns to the start and the completion time is 1 to 3 hours.

PARTICIPATION: This is a fun event for all persons. People of all ages are welcome to participate though an adult must accompany children under 18.

REGISTRATION: Register at the start point and begin the guided walk.

FOOD and WATER: In Florida we encourage you to carry your own drinking water. We also encourage you to use sunscreen and carry bug repellent. Restroom not available at the start, but are along the walk.

SANCTIONED: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The sponsors will expend every reasonable effort to make this event safe and enjoyable for all; however, The First Coast Trail Forgers, Florida Volkssport Assn, and AVA are not liable for accidents, thefts, and/or material damage.

PRE-REGISTRATION: None.

AWARDS: None

FEES: The fee for all walkers is \$3.

American Beach (Fernandina Beach, FL) Guided Walk

DATE: January 26, 2019 Sanction # 113413

LOCATION: Burney Park, 5614 Gregg St, Fernandina Beach, FL 32034

START TIME: Register at 1:30 PM. Walk begins promptly at 2:00 PM

DISTANCES: 6 and 11 Km

TRAIL RATING: 1C

AVA Special Prog: Walk in a City Park, Boardwalks, Points of Reference, Walking America's Ports of Call, USA A to Z

DESCRIPTION: Al Lewis, an African American insurance executive purchased 216 acres of beachfront property in 1935. From that time until the early 1960s, American Beach became a mecca for African-Americans. At the time it was the rare beach resort at which African Americans were welcome. People came from across the south for the sun, surf, sand, balmy ocean breezes and world class entertainment acts such as Duke Ellington. Several factors led to the decline in the area including Hurricane Dora and the signing of the Civil Rights Act. Today the history of the area is preserved in the American Beach Museum. NaNa, the tallest sand dune in FL is also located in American Beach.

MAP AND DIRECTIONS TO START POINT: I95 to exit 385A, FL-105, Heckscher Dr. Approx 20 miles then Right on Burney Rd, Burney Park is on the right. <https://goo.gl/maps/ts9k4>

