

FIRST COAST TRAIL FORGERS WALKING CLUB



CONTACT INFORMATION: Kristin Raasch, 904-563-6953 (cell) or kraasch1725@gmail.com. See the club web site at:

<http://www.firstcoasttrailforgerswalkingclub.org/>

STIPULATIONS: The event is open to everyone, and takes place under all weather conditions unless deemed unsafe due to lightning or named storm requiring evacuation. Fee for all walkers is \$3. No refunds are provided after the start of the walk.

PROCEDURE: Arrive for the walk at 8:30 AM with the walk to begin promptly at 9:00 AM. The walk returns to the start and the completion time is 1 to 3 hours.

PARTICIPATION: This is a fun event for all persons. People of all ages are welcome to participate though an adult must accompany children under 18.

REGISTRATION: Register at 8:30 with the walk to begin at 9:00.

FOOD and WATER: In Florida we encourage you to carry your own drinking water. We also encourage you to use sunscreen and carry bug repellent.

SANCTIONED: All events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The sponsors will expend every reasonable effort to make this event safe and enjoyable for all: however, the American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None. Registration is immediately prior to the event.

AWARDS: None.

FEES: The fee for all walkers is \$3. No refunds are provided after the start of the walk.

Guana Tolomato Matanzas Research Reserve, Ponte Vedra, FL Walk

DATE: May 18, 2019, Sanction #113704

LOCATION: Guana Tolomato Matanzas National Estuarine Research Reserve,
505 Guana River Road, Ponte Vedra Beach, FL
32082

START TIME: Register at 8:30 a.m. Walk begins promptly at 9:00 a.m.

TRAIL RATING: 1B

DISTANCES: 5k and 10k

AVA Special Prog: Points of Reference, Walk the USA A-Z

DESCRIPTION: Recreational activities at GTM Research Reserve are primarily based around the rich variety of natural resources found here. Our walk will wind past the tidal marsh, and through hammock, scrub and flatwoods in the interior portion of the GTM Research Reserve. This site is a great place to view falcons and many other bird species. You will also have views of the Tolomato River.

TRAIL RATING: 1A

AVA Special Prog: Points of Reference, Walking the USA A-Z

ADDITIONAL INFORMATION:

Entrance Fees: \$3.00 per vehicle up to 8 people, \$1.00 per Pedestrian and Extra Passengers in vehicle beyond 8.

Restrooms are available at the start point but not along the route.

Map and Directions to Start Point: The map and directions take you to the dam on Guana River Rd. You will go straight on Guana River Road past the Education Center and over the dam to the parking area on the west side of the water. Guana River Road is located off A1A, 7 miles north of Vilano Beach and 10 miles south of Micklers Road in Ponte Vedra.

Map: <https://goo.gl/maps/iBuLJ1sxkrK2>

