

First Coast Trail Forgers Walking Club



Fun, Fitness, Friendship



INFORMATION CONTACT: Kristin Raasch 904-563-6953 (cell) or kraasch1725@gmail.com. See the club web site at: <http://www.firstcoasttrailforgerswalkingclub.org/>

STIPULATIONS: The event is open to everyone, and takes place regardless of weather conditions. Fee for all walkers is \$3. No refunds are provided after the start of the walk.

PROCEDURE: Arrive for the walk between 9:00 and 10:00 am. to register for the walk. There will be a group walk starting at 9:30 a.m. The walk returns to the start and the completion time is 1 to 3 hours. There is a park entrance fee of \$5.00 per vehicle. Please use the honor box to pay fees. Correct change is required. Limit 2-8 people per vehicle. \$4.00 Single Occupant Vehicle. \$2.00 Pedestrians, bicyclists, extra passengers, passengers in vehicle with holder of Annual Individual Entrance Pass.

PARTICIPATION: This is a fun event for all persons. People of all ages are welcome to participate though an adult must accompany children under 12.

REGISTRATION: Register at the start and begin the walk.

FOOD and WATER: In Florida it is encouraged for you to carry your own drinking water. We also encourage you to use sunscreen and bug repellent.

SANCTIONED: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The sponsors will expend every reasonable effort to make this event safe and enjoyable for all; however, the American Volkssport Association or its subsidiary clubs are not liable for accidents, thefts, and/or material damage.

PRE-REGISTRATION: None.

AWARDS: None

FEES: Fee for all walkers is \$3. See Procedure Section above for listing of park entrance fees.

LUNCH: You are invited to join us at Captain's Bait, Tackle and BBQ, 5862 N Oceanshore Blvd., Palm Coast, FL 32137. www.captainsbbq.com for prices and menu.

Washington Oaks Garden State Park, Palm Coast, FL Walk

DATE: March 23, 2019 Sanction #113580

LOCATION: Picnic Area, Washington Oaks Garden State Park, 6400 N. Oceanshore Blvd., Palm Coast, FL 32137

START TIME: Between 9:00 – 10:00 a.m. Group walk will begin at 9:30 a.m.

TRAIL RATING: 1B

DISTANCES: 5k and 10k

AVA Special Prog: Points of Reference, Walking the USA A-Z "P"

DESCRIPTION: In the 1930's Owen and Louise Young were among a group of wealthy individuals who established winter residences in FL. They established beautiful gardens and a home along the Mantanzas River. Before her death, Mrs. Young donated the property to the State of FL and stipulated that the gardens be maintained for the enjoyment of the public. The Washington Oaks Garden State Park includes this property along with coquina rock formations on the shoreline of the Atlantic Ocean. Your walk will also explore Bing's Landing which houses the archeological dig of the Mala Compra Plantation. Visitors can walk along an elevated boardwalk around the perimeter of the plantation remains and read interpretive displays.

DIRECTIONS: To 6400 N. Oceanshore Blvd., Palm Coast, FL from I-95 going south from Jacksonville take exit 305 for FL-206. Turn left on FL 206. Turn right onto S SR A1A. The park will be on your right.

From I-95 going north from Daytona Beach, take exit 289. Go right toward Palm Coast (partial toll road) and continue onto Hammock Dune Bridge (partial toll road). Turn left onto Cam Del Mar/Camino Del Mar Pkwy Turn right onto SR-A1A. The park will be on your left.

Map: 6400 N. Oceanshore Blvd., Palm Coast, FL 32137

<http://goo.gl/maps/LzeIF>

